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SEIKO ANALOGUE QUARTZ

ALARM CHRONOGRAPH WITH WORLD TIME

Cal. 6M15

FEATURES

The SEIKO Quartz Watch Cal. 6M15 is an analogue watch featuring calendar, world time, alarm and stopwatch functions.

■ TIME

Hour, minute and second hands and a small 24-hour hand.

■ CALENDAR

Date is displayed in numerals and month is indicated by the hour and minute hands. The second hand indicates the number of years that have passed since the last leap year. The calendar automatically adjusts for odd and even months including February of leap years up to 2099.

■ WORLD TIME

The time of 22 time zones throughout the world is displayed. Daylight saving time (summer time) and standard time of those time zones can also be displayed as required

simply by turning the crown.

• Time transfer — a convenient way of using the WORLD TIME mode

The time displayed in the TIME mode can easily be replaced with that of any time zone in the WORLD TIME mode. This function is very useful when you travel abroad. The time of the city you visit can be shown on the watch without resetting the hands.

■ ALARM

The alarm can be set to ring on the basis of the time of a desired time zone. It can be set on a 24-hour basis in minutes and rings once a day.

■ STOPWATCH

The stopwatch can measure up to 23 hours, 59 minutes and 59 seconds. It measures in 1/10 second increments for the first hour, and in second increments thereafter. Split time measurement is possible.

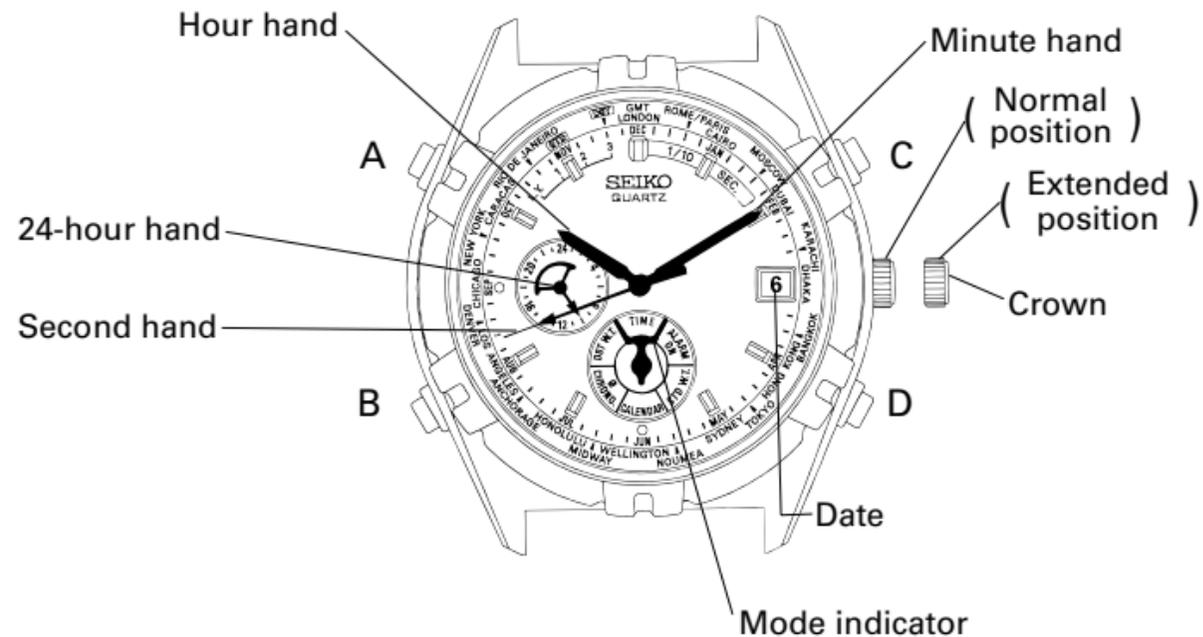
■ BATTERY LIFE INDICATOR

The second hand moves at two-second intervals when the battery needs to be replaced.

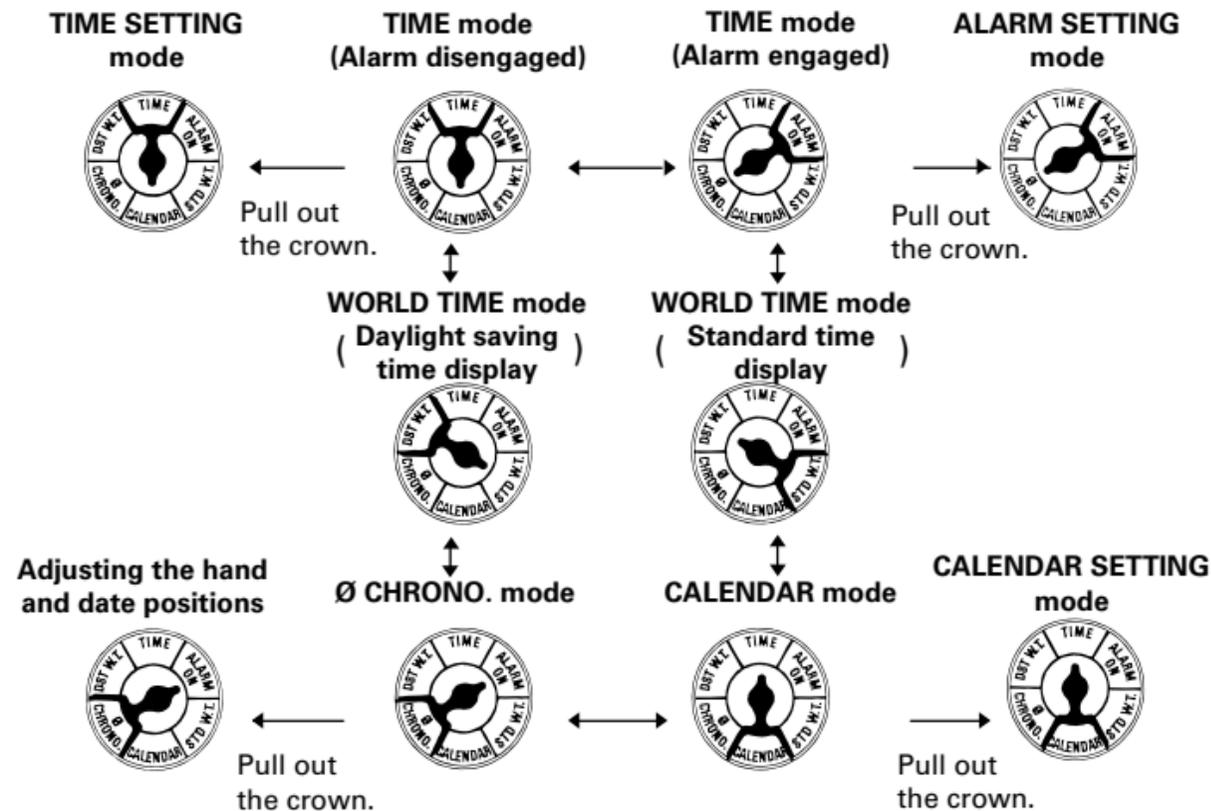
MODES AND DISPLAYS

There are four buttons and a crown as indicated in the illustration below.

[TIME mode]



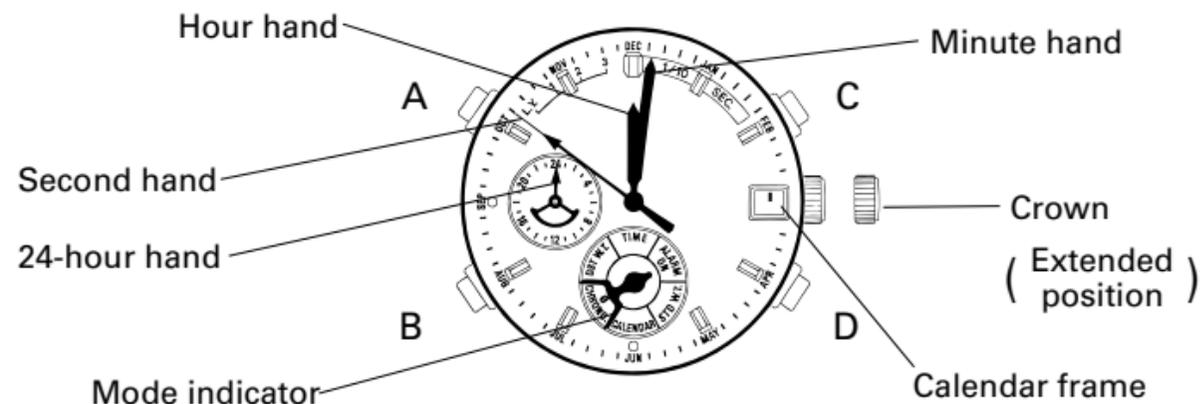
The mode changes by turning the crown at normal position clockwise or counterclockwise.



ADJUSTING THE HAND AND DATE POSITIONS

Before setting the time and calendar, be sure to use the \emptyset CHRONO. mode to check that the hour, minute and second hands are in the 12 o'clock position and that the date numeral appears at the center of the calendar frame.

- Turn the crown to set the mode indicator to " \emptyset CHRONO.".
If the hands do not return to the 12 o'clock position or the date numeral does not appear at the center of the calendar frame, reset them following the procedure below.
 - * When the stopwatch is counting, press "A" to stop measurement and then press "B" to reset the hands.



1. Pull out the crown. The date returns to "1".
 - * Reset of the hand or date can be made only after the date returns to "1".
 - * If the date does not return to "1", reset the circuit following the procedure in "NECESSARY PROCEDURE AFTER BATTERY CHANGE".
2. Press "B", "A" and "C" repeatedly but separately to reset the hour, minute and second hands to the 12 o'clock position, respectively.
 - * The hands move quickly if the respective buttons are kept pressed.
 - * The 24-hour hand moves correspondingly with the hour hand. When resetting the hour hand, check that the 24-hour hand indicates "24".
3. Press "D" to put the date numeral "1" to the center of the calendar frame.
 - * By pressing "D", the date moves back and forth repeatedly.
 - * The date moves quickly if "D" is kept pressed.
4. Push the crown back in to the normal position.

TIME SETTING

The time in the TIME mode advances correspondingly with the time in the WORLD TIME mode. Once the time of a desired time zone is set in the TIME mode, the time of all the 22 time zones covered in the WORLD TIME mode will be set automatically. By specifying whether the time set in the TIME mode is standard or daylight saving time (summer time), the WORLD TIME mode will automatically display the correct standard and daylight saving times for the respective time zones.

* Daylight saving time is a system adopted in some countries to make the best use of the daytime during a certain period in summer. Under this system the time is advanced one hour from the regular time.

Note: The time differences and use of daylight saving time (summer time) may change in some areas or countries when they are so decided by the countries concerned.

To set the time in the TIME mode, first select the city representing your area, set the current time of your area, and then specify the set time as daylight saving time or standard time, following the procedure below.

- Turn the crown to set the mode indicator to "TIME".



1. Pull out the crown. The second hand points to the city on the bezel/dial selected previously, and the hour, minute and 24-hour hands indicate the time of that city.
2. Press "C" repeatedly to set the second hand to the city on the bezel/dial representing your time zone.
 - * The hand moves quickly if the button is kept pressed.
3. Press "A" repeatedly to set the minute hand. It advances one minute with each press of the button.
 - * The hand moves quickly if the button is kept pressed.
 - * As the minute hand moves, the hour hand also moves correspondingly.

4. Press "B" repeatedly to set the hour hand. It advances one hour with each press of the button.
 - * The hand moves quickly if the button is kept pressed.
 - * The minute hand will not move if "B" is pressed.
 - * The 24-hour hand turns a full circle in 24 hours and moves correspondingly with the hour hand. When setting the hour hand, check that the 24-hour hand is correctly set.
5. Press "D". The second hand will move to indicate "STD" (Standard Time) or "DST" (Daylight Saving Time) on the bezel/dial. With each press of "D", the second hand indicates "STD" or "DST" alternately. If the daylight saving time is in use in your area, set the second hand to "DST", and if not, set it to "STD".
 - * If the watch is left untouched for 5 seconds with the second hand indicating "STD" or "DST", it will automatically return to the city you have selected.
6. Push the crown back in to the normal position in accordance with a time signal. The second hand returns to the 12 o'clock position and starts moving at one-second intervals.

Notes:

1. Once the time of your area is set, the time of the other 21 time zones represented by the cities on the bezel/dial will also be set automatically.
2. While the watch displays both standard and daylight saving times for all areas year round, the user must check to see when each is in effect for the respective countries.

Checking of the time zone and daylight saving time

You can check which time zone is selected in the TIME mode and whether the set time is daylight saving time or standard time.

- Turn the crown to set the mode indicator to "TIME" or "ALARM ON".

[To check the city selected in the TIME mode]

1. Press "C". The second hand points to the city you have selected in the TIME mode.
2. Press "C" again. The second hand returns to indicate the current second.
 - * If the watch is left untouched with the second hand pointing to the selected city, it will automatically return to indicate the current time in 5 seconds.

[To check whether the standard time or daylight saving time has been set]

1. Press "D". The second hand points to "STD" if the set time is the standard time, and "DST" if the set time is the daylight saving time.
2. Press "D" again. The second hand returns to indicate the current second.
 - * If the watch is left untouched with the second hand pointing to "STD" or "DST", it will automatically return to indicate the current time in 5 seconds.

CALENDAR

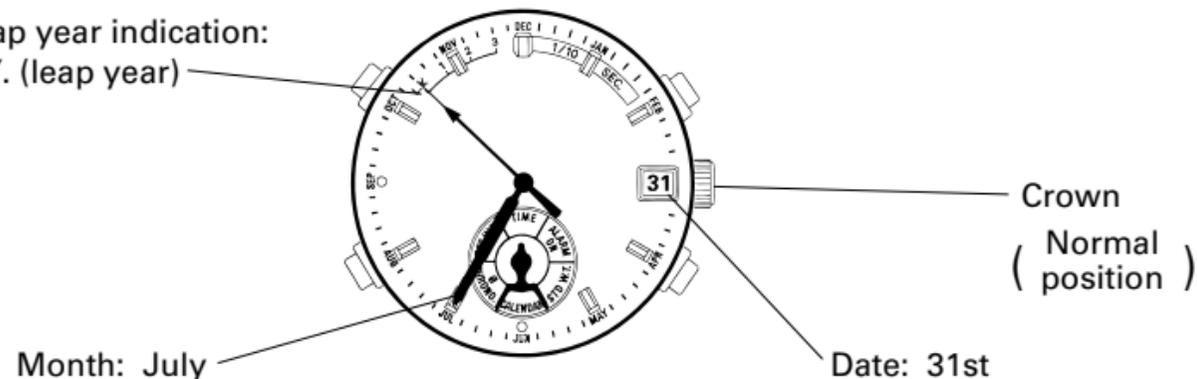
- Turn the crown to set the mode indicator to "CALENDAR".
The hour and minute hands move to indicate the month you set previously.

How to read the calendar

The date is indicated by the numeral shown in the calendar frame, and the month is indicated by the hour marker that the hour and minute hands point to. The second hand indicates the number of years that have passed since the last leap year.

Ex.) July 31st, 1992 (leap year)

Leap year indication:
L.Y. (leap year)

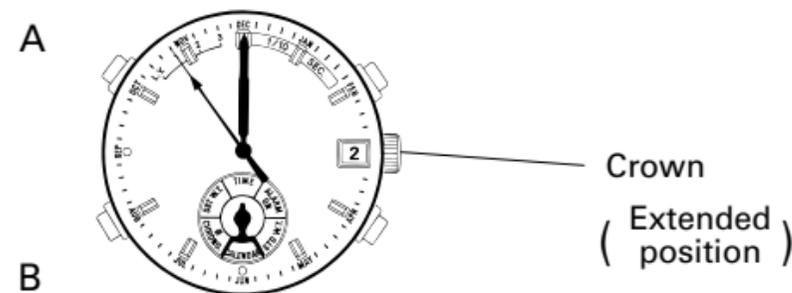


* The leap year comes once in four years. The leap year indication represents the number of years that have passed since the last leap year. See the table below.

L.Y.	1	2	3
1992	1993	1994	1995
1996	1997	1998	1999
2000	2001	2002	2003

Calendar setting

Ex.) December 2nd, 1993 (Leap year marker: 1)



1. Pull out the crown.
2. Press "A" repeatedly to set the leap year indication.
As the hour and minute hands pass the 12 o'clock marker, the secondhand moves to the next leap year marker.
* The hour and minute hands move quickly if the button is kept pressed.
3. Press "A" repeatedly to set the desired month. It advances one month with each press of the button.
* The hands move quickly if the button is kept pressed.
4. Press "B" repeatedly to set the desired date. It advances one day with each press of the button.
* The date advances quickly if the button is kept pressed.
5. Push the crown back in to the normal position.
* The calendar automatically adjusts for odd and even months including February of leap years up to 2099. If a nonexistent day (e.g. February 30th) is set and the crown is pushed back in to the normal position, the calendar will automatically be set to the first day of the next month (March 1st).

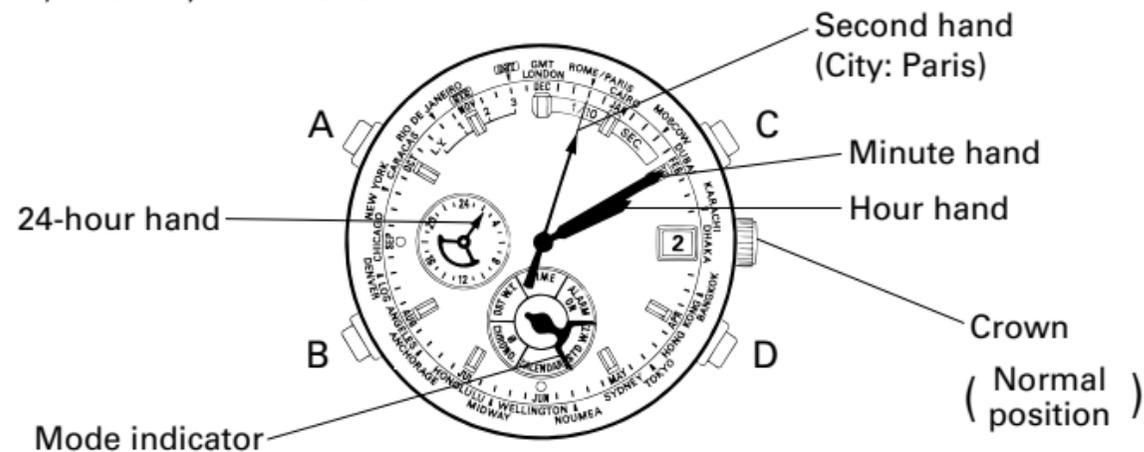
WORLD TIME

The times of 22 time zones throughout the world can be displayed in the 24-hour indication. The standard time and daylight saving time (summer time) can be displayed as required by only changing modes.

Note: The time in the WORLD TIME mode advances correspondingly with the time in the TIME mode. Once the time of a desired time zone is set in the TIME mode, the time of all the 22 time zones covered in the WORLD TIME mode will be set automatically.
Before using the world time function, therefore, make sure that the current time of your area is set for the TIME mode. If not, follow the procedure in "TIME SETTING".

How to show the standard time of a city

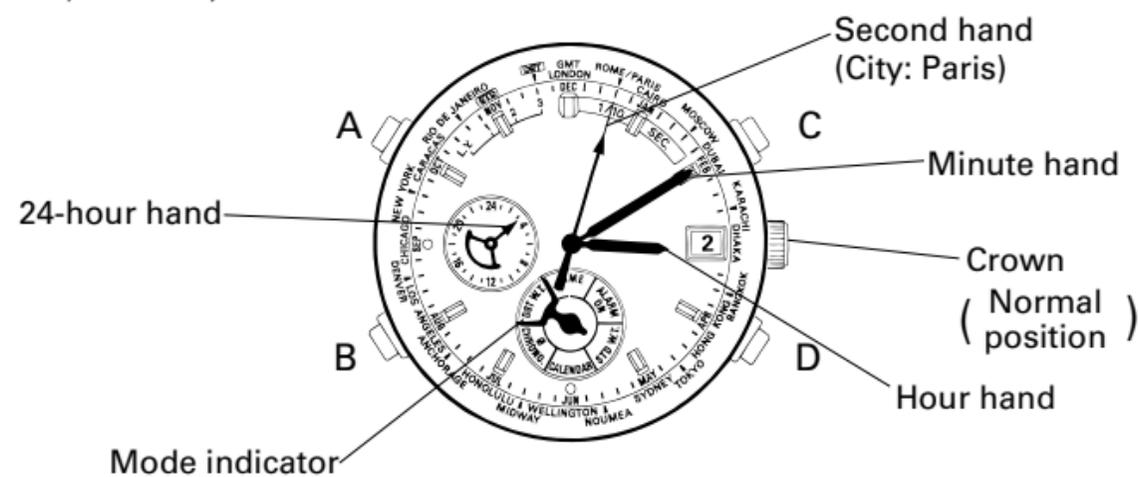
Ex.) 2:10 AM, 2nd Paris



1. Turn the crown to set the mode indicator to "STD W.T."
2. Press "C" repeatedly to set the second hand to the desired city on the bezel/dial. The hour, minute and 24-hour hands move to indicate the standard time of the city you have selected.
 - * The second hand moves quickly if "C" is kept pressed.
 - * The date changes correspondingly with the time displayed.

How to show the daylight saving time of a city

Ex.) 3:10 AM, 2nd Paris

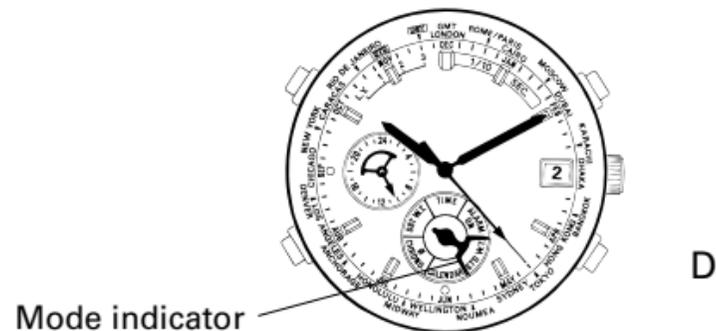


1. Turn the crown to set the mode indicator to "DST W.T."
2. Press "C" repeatedly to set the second hand to the desired city on the bezel/dial. The hour, minute and 24-hour hands move to indicate the daylight saving time of the city you have selected.
 - * The second hand moves quickly if "C" is kept pressed.
 - * The date changes correspondingly with the time displayed.

To check the time of the TIME mode while using the WORLD TIME mode

The time set in the TIME mode can be checked while using the WORLD TIME mode.

Ex.) Current time and date in the TIME mode: 10:10 AM, 2nd



1. Turn the crown to set the mode indicator to "STD W.T." or "DST W.T."
2. Press "D". The hour and 24-hour hands move to indicate the current time of the TIME mode, and the second hand indicates the city selected in the TIME mode.
* The date changes correspondingly to show the current date of the TIME mode.
3. Press "D" again. The hour and 24-hour hands return to indicate the current time of the WORLD TIME mode, and the second hand returns to indicate the city selected in

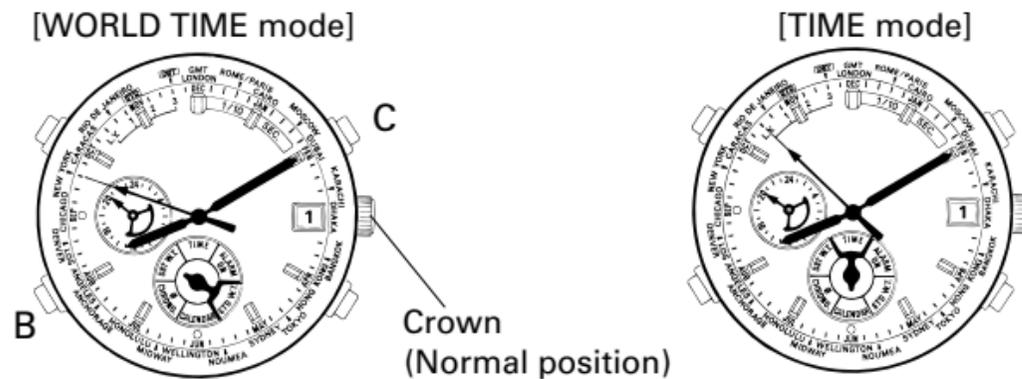
the WORLD TIME mode.

* If the watch is left untouched showing the current time of the TIME mode, the hands and date will automatically return to indicate the time and date of the WORLD TIME mode in 5 seconds.

A convenient way of using the WORLD TIME mode

The time displayed in the TIME mode can easily be replaced with that of any time zone in the WORLD TIME mode. This allows you to display the time in the city you are visiting in the TIME mode, freeing you from having to reset the hands as you move from place to place.

Ex.) To transfer the standard time of New York to the TIME mode



- Turn the crown to set the mode indicator to "STD W.T." or "DST W.T.".
 - * If you wish to transfer the standard time of a city, set the mode indicator to "STD W.T.". To transfer the daylight saving time, set the mode indicator to "DST W.T.".
- Press "C" repeatedly to set the second hand to the city on the bezel/dial that represents the place you visit.
- Press "B" for 2 seconds. A beep sounds and the time of the selected city is transferred from the WORLD TIME to the TIME mode.

By following the above procedure each time you change time zones while traveling, you can easily set the time of the place you visit without considering time differences.

TIME DIFFERENCES

(GMT) = Greenwich Mean Time

(As of January, 1994)

GMT ± (hours)	Marking on the bezel/dial	Name of city or area	Other cities and areas
0	GMT LONDON	LON London*	Casablanca, Dakar
+ 1	ROME PARIS	PAR/ROM Rome* Paris*	Amsterdam*, Frankfurt* Berlin*
+ 2	CAIRO	CAI Cairo*	Athens*, Istanbul*, Kiev* Cape Town, Tripoli
+ 3	MOSCOW	MOW Moscow*	Mecca, Nairobi
+ 4	DUBAI	DXB Dubai	
+ 5	KARACHI	KHI Karachi	Tashkent*
+ 6	DHAKA	DAC Dacca	
+ 7	BANGKOK	BKK Bangkok	Phnom Penh, Jakarta
+ 8	HONG KONG	HKG Hong Kong	Manila, Beijing, Singapore
+ 9	TOKYO	TYO Tokyo	Seoul, Pyongyang
+ 10	SYDNEY	SYD Sydney*	Guam, Khabarovsk*
+ 11	NOUMEA	NOU Nouméa (New Caledonia)	Solomon Islands

1. Pull out the crown. The second hand indicates the city selected previously, and the hour and minute hands indicate the alarm time set for the city.
2. Press "C" repeatedly to set the second hand to the desired city on the bezel/dial.
3. Press "A" repeatedly to set the minute hand to the desired minute. It advances one minute with each press of the button.
 - * The hand moves quickly if the button is kept pressed.
 - * As the minute hand moves, the hour hand also moves correspondingly.
4. Press "B" repeatedly to set the hour hand to the desired hour. It advances one hour with each press of the button.
 - * The hand moves quickly if the button is kept pressed.
 - * The minute hand will not move if "B" is pressed.
 - * The 24-hour hand moves correspondingly with the hour hand. Check that the 24-hour hand is set correctly.
5. Press "D". The second hand will move to indicate "STD" (Standard Time) or "DST" (Daylight Saving Time) on the bezel/dial. With each press of "D", the second hand indicates "STD" or "DST" alternately. If daylight saving time is in use in the city for which you wish to set the time, set the second hand to "DST", and if not, set it to "STD".
 - * If the watch is left untouched for 5 seconds with the second hand indicating "STD" or "DST", it will automatically return to the city you have selected.
6. Push the crown back in to the normal position.
 - * The hands and date will indicate the current time and date.

Alarm engagement/disengagement

- To engage the alarm, turn the crown to set the mode indicator to "ALARM ON".
- To disengage the alarm, turn the crown to set the mode indicator to "TIME".
- * The alarm rings at the designated time for 20 seconds. To stop it manually, press "A", "B", "C" or "D".
- * To check the designated alarm time, set the mode indicator to "ALARM ON" and pull out the crown.
- * The alarm can be tested by keeping both "A" and "B" pressed at the same time with the mode indicator at "ALARM ON".

STOPWATCH

The stopwatch can measure up to 23 hours, 59 minutes and 59 seconds. For the first hour, it can measure in 1/10 second increments. It will measure in second increments thereafter. Split time measurement is possible.

- Turn the crown to set the mode indicator to "Ø CHRONO.". The three hands return to the 12 o'clock position.
 - * Even if the mode is changed from Ø CHRONO. to another while the stopwatch is measuring, it continues counting. When the split time is being measured, the split time will be released and counting will continue if the mode is changed.

Movement of the stopwatch hands/how to read the hands

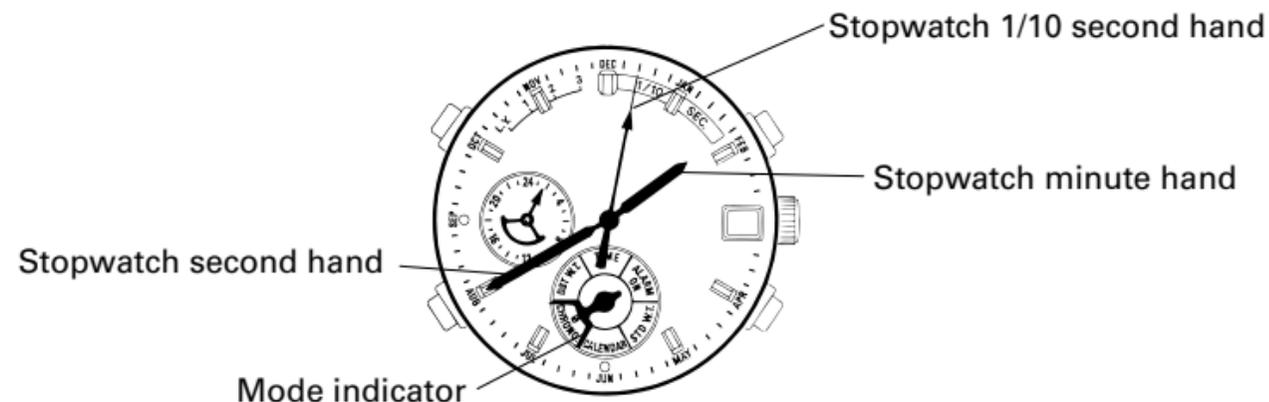
In the STOPWATCH mode, the hour, minute and second hands in the TIME mode indicate MINUTE, SECONDS and 1/10 SECONDS, respectively, for the first hour, and HOUR, MINUTE and SECONDS thereafter.

1. Measurement of less than 1 hour

[For the first 10 minutes]

- * The 1/10 second hand moves between the minute markers 0 and 9 repeatedly.

Ex.) 8 minutes 40 and 2/10 seconds

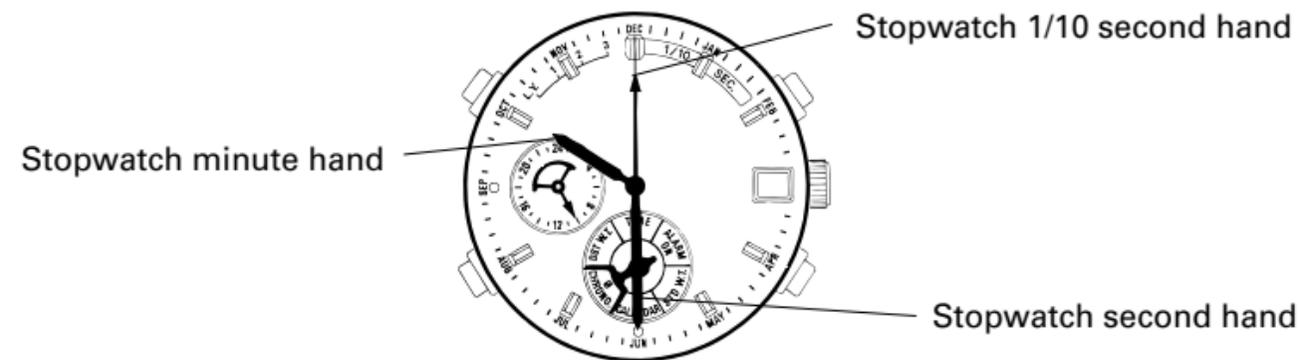


- * For the first one hour, the 24-hour hand moves one marker in 5 minutes. After one hour has elapsed, it automatically advances to indicate "1" on the 24-hour scale and then continues to indicate the number of elapsed hours thereafter.

[After the first 10 minutes]

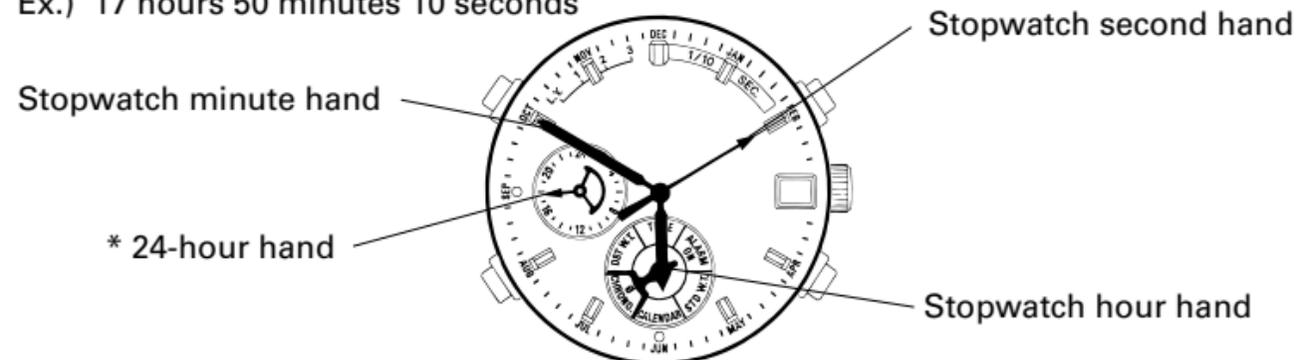
- * The 1/10 second hand stays at the "0" position while the stopwatch is counting. When the measurement is stopped or split time is measured, it indicates the 1/10 seconds measured. When the measurement is restarted or split time is released, it returns to the "0" position.

Ex.) 50 minutes 30 seconds



2. Measurement of more than 1 hour up to 24 hours

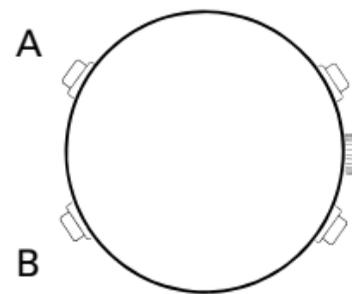
Ex.) 17 hours 50 minutes 10 seconds



* The 24-hour hand indicates the elapsed hours.

Stopwatch operation

- Before using the stopwatch, be sure to reset the hands to "0" position. When the stopwatch is measuring, press "A" to stop measurement and then press "B" once.
* With each press of the buttons, a beep sounds for confirmation.



1. Standard measurement

To start	:	Press "A".
To stop	:	Press "A".
To reset	:	Press "B".

2. Accumulated elapsed time measurement

To start	:	Press "A".
To stop	:	Press "A".
To restart	:	Press "A".
To stop	:	Press "A".

* Restart and stop of the stopwatch can be repeated by pressing "A".

To reset	:	Press "B".
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3. Split (intermediate) time measurement

- To start : Press "A".
To measure split time : Press "B".
To release split time : Press "B".

* Measurement and release of the split time can be repeated by pressing "B".

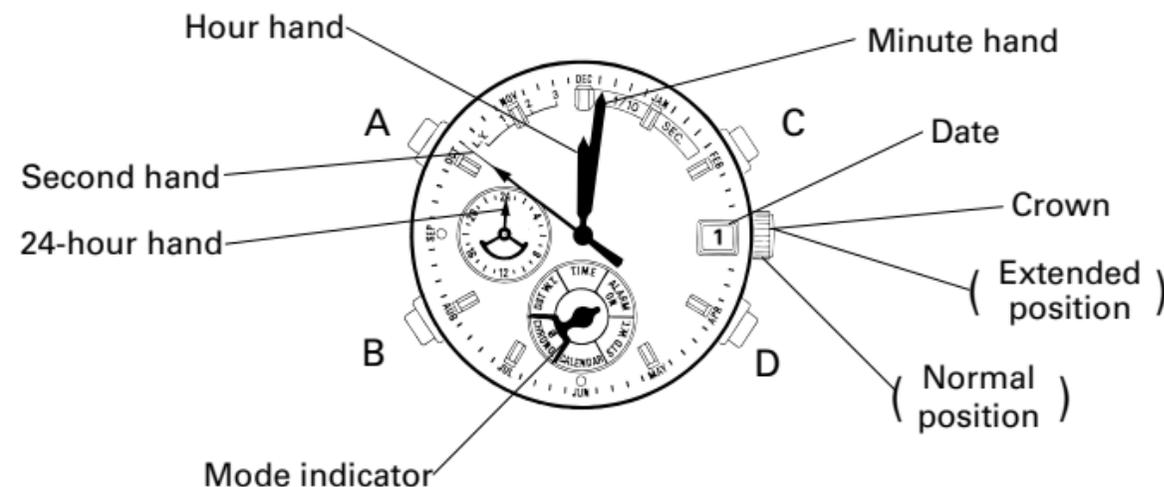
- To stop : Press "A".
To reset : Press "B".

NECESSARY PROCEDURE AFTER BATTERY CHANGE

When the battery is replaced, the information stored in the built-in IC does not correspond with the time and date actually displayed. Before using the watch, therefore, be sure to reset the hands to the 12 o'clock position and set the date numeral "1" to the center of the calendar frame, following the procedure below.

* In case any of the hands should move improperly, also follow the procedure below to adjust the hand movement.

- Turn the crown to set the mode indicator to "Ø CHRONO.".



1. Pull out the crown.
2. Keep “A”, “B”, “C” and “D” pressed at the same time for 2 seconds. When the buttons are released, a beep sounds and the hands turn a full circle once or twice.
3. Press “B”, “A” and “C” repeatedly but separately to reset the hour, minute and second hands to the 12 o’clock position, respectively.
 - * The hands move quickly if the respective buttons are kept pressed.
 - * The 24-hour hand moves correspondingly with the hour hand. When resetting the hour hand, check that the 24-hour hand indicates “24”.
4. Press “D” to put the date to “1”.
 - * The date moves quickly if “D” is kept pressed.
5. Push the crown back in to the normal position.
6. Turn the crown to set the mode indicator to “TIME” to set the desired time. (Refer to “TIME SETTING”)
7. Turn the crown to set the mode indicator to “CALENDAR” to set the desired date, month and year. (Refer to “CALENDAR”)

BATTERY LIFE INDICATOR

The battery needs to be replaced when you see the second hand moving at two-second intervals instead of normal one-second intervals.

The watch will, however, remain accurate while the second hand is moving at two-second intervals.

BATTERY CHANGE

2
Years

The miniature battery which powers your watch should last approximately 2 years. However, because the battery is inserted at the factory to check the function and performance of the watch, its actual life once in your possession may be less than the specified period. When the battery expires, be sure to replace it as soon as possible to prevent any possible malfunction. For battery replacement, we recommend that you contact an **AUTHORIZED SEIKO DEALER** and request **SEIKO SR927W** battery.

Note: If the alarm is used more than once a day, battery life may be less than the specified period.

TO PRESERVE THE QUALITY OF YOUR WATCH

■ WATER RESISTANCE



• Non-water resistance

If "WATER RESISTANT" is not inscribed on the case back, your watch is not water resistant, and care should be taken not to get it wet as water may damage the movement. If the watch becomes wet, we suggest that you have it checked by an AUTHORIZED SEIKO DEALER or SERVICE CENTER.



• Water resistance (3 bar)

If "WATER RESISTANT" is inscribed on the case back, your watch is designed and manufactured to withstand up to 3 bar, such as accidental contact with splashes of water or rain, but it is not designed for swimming or diving.



• Water resistance (5 bar)*

If "WATER RESISTANT 5 BAR" is inscribed on the case back, your watch is designed and manufactured to withstand up to 5 bar and is suitable for swimming, yachting and taking a shower.



• Water resistance (10 bar/15 bar)*

If "WATER RESISTANT 10 BAR" or "WATER RESISTANT 15 BAR" is inscribed on the case back, your watch is designed and manufactured to withstand up to 10 bar/15 bar and is suitable for taking a bath and shallow diving, but not for scuba diving. We

recommend that you wear a SEIKO Diver's watch for scuba diving.

- * Before using the water resistance 5, 10, or 15 bar watch in water, be sure the crown is pushed in completely.

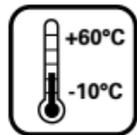
Do not operate the crown and buttons when the watch is wet or in water.

If used in sea water, rinse the watch in fresh water and dry it completely.

- * When taking a shower with the water resistance 5 bar watch, or taking a bath with the water resistance 10 or 15 bar watch, be sure to observe the following:
 - Do not operate the crown or push the buttons when the watch is wet with soapy water or shampoo.
 - If the watch is left in warm water, a slight time loss or gain may be caused. This condition, however, will be corrected when the watch returns to normal temperature.

NOTE:

Pressure in bar is a test pressure and should not be considered as corresponding to actual diving depth since swimming movement tends to increase the pressure at a given depth. Care should also be taken on diving into water.



■ TEMPERATURES

Your watch works with stable accuracy between a temperature range of 5°C and 35°C (41°F and 95°F).

Temperatures over 60°C (140°F) may cause battery leakage or shorten the battery life.

Do not leave your watch in very low temperatures below -10°C (+14°F) for a long time since the cold may cause a slight time loss or gain.

However, the above conditions will be corrected when the watch returns to normal temperature.

■ SHOCKS & VIBRATION

Light activities will not affect your watch, but be careful not to drop your watch or hit it against hard surfaces, as this may cause damage.

■ MAGNETISM

Your watch will be adversely affected by strong magnetism. Keep it away from close contact with magnetic objects.

■ CHEMICALS

Be careful not to expose the watch to solvents (e.g., alcohol and gasoline), mercury (i.e., from a broken thermometer), cosmetic spray, detergents, adhesives or paints. Otherwise, the case, bracelet, etc. may become discolored, deteriorated or damaged.



■ CARE OF CASE AND BRACELET

To prevent possible rusting of the case and bracelet caused by dust, moisture and perspiration, wipe them periodically with a soft dry cloth.



■ PRECAUTION REGARDING CASE BACK PROTECTIVE FILM

If your watch has a protective film and/or a sticker on the case back, be sure to peel them off before using your watch. Otherwise, perspiration getting in under them may rust the case back.



■ PERIODIC CHECK

It is recommended that the watch be checked once every 2 to 3 years. Have your watch checked by an AUTHORIZED SEIKO DEALER or SERVICE CENTER to ensure that the case, buttons, crown, gasket and crystal seal remain intact.

SPECIFICATIONS

1. Frequency of crystal oscillator 32,768 Hz (Hz = Hertz ... Cycles per second)
2. Loss/gain (monthly rate) Less than 15 seconds at normal temperature range (5°C ~ 35°C) (41° F ~ 95°F)
3. Operational temperature range -10°C ~ +60°C (14°F ~ 140°F)
4. Driving system Step motor, 4 pieces
5. Display system
"TIME" Time display (hour, minute, second and 24-hour hands and date)
(Selected city and "SDT"/"DST")
"ALARM ON" Time display (hour, minute, second and 24-hour hands and date)
(Selected city and "SDT"/"DST")
"STD W.T." Standard time display (hour, minute and 24-hour hands and date)
The second hand indicates the selected city.
"DST W.T." Daylight saving time display (hour, minute and 24-hour hands and date)
The second hand indicates the selected city.

- "CALENDAR" Calendar display (Year is indicated by the second hand; month is indicated by the hour and minute hands; and date is displayed in numerals.)
- "Ø CHRONO." Stopwatch display (hour, minute, second, 1/10-second and 24-hour hands)
Adjustment of the hand and date positions
6. Battery SEIKO SR927W, 1 piece
 7. Battery life indicator
 8. IC (Integrated Circuit) C-MOS-LSI, 1 piece

* The above specifications are subject to change without prior notice, for product improvement.

Cal. 6M15

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用法説明	(239 頁)

You are now the proud owner of a SEIKO Analogue Quartz Watch Cal. 6M15. For best results, please read the instructions in this booklet carefully before using your SEIKO Analogue Quartz Watch. Please keep this manual handy for ready reference.

Vous voici l'heureux propriétaire d'une montre quartz analogique SEIKO Cal. 6M15. Pour obtenir d'excellentes performances de cette article SEIKO, veuillez lire attentivement cette brochure que vous conserverez pour toute référence ultérieure.

Enhorabuena por su adquisición de un reloj SEIKO analógico de cuarzo Cal. 6M15. Para óptimo resultado, lea detenidamente las instrucciones de este folleto antes de usar el reloj. Guarde este manual para consulta posterior.

Sie sind jetzt Besitzer einer SEIKO Analog-Quarzuhr Kal. 6M15. Bitte lesen Sie diese Bedienungsanleitung vor Verwendung der Uhr sorgfältig durch und heben Sie sie gut auf.

Siete ora in possesso di un orologio SEIKO Analogico al Quarzo Cal. 6M15. Per ottenere i migliori possibili risultati dal Vostro orologio, leggere attentamente le istruzioni di questo manuale prima di utilizzare il Vostro orologio SEIKO analogico al quarzo. Conservare poi il manuale stesso per ogni qualsiasi eventuale futuro riferimento.

Você pode sentir-se orgulhoso de possuir um Relógio SEIKO Quartz Análogo Cal. 6M15. Para obter os melhores resultados, leia atentamente as instruções contidas neste opúsculo antes de usar o seu Relógio SEIKO Quartz Análogo. Queira conservar este manual para referências futuras.

Cal. 6M15
