

## Band

Since the band comes into direct contact with the skin, it may get dirty with sweat and dust. Lack of care may accelerate deterioration of the band or cause skin irritation or a stain on the sleeve edge. The watch requires diligent care for long-term use.

### ⚠ Cautions

- Fabric band
  - Natural skin oil and dirt easily adhere to the band because it has a braided structure.
  - Beware of fraying, damage, etc., caused by catching this product on other things.
  - Note that the band may become discolored due to friction when wet with sweat or rain and that its color may transfer to other clothing.
  - Beware of static electricity caused by friction with clothing material.
  - If natural skin oil or dirt adheres to the band, gently wipe it off immediately with a dry cloth, etc.
  - When drying the band, dry it in an airy place out of direct sunlight.
  - The texture of the band may change if it is washed in water for a long time.
  - After wearing in seawater, such as when diving, etc., rinse the band sufficiently to remove salt completely.
  - Note that the band may discolor if it is left in direct sunlight.

Notes on skin irritation and allergy

Skin irritation caused by a band may result from various factors such as an allergy to metals or leathers, or skin reactions against friction from dust or the band itself.

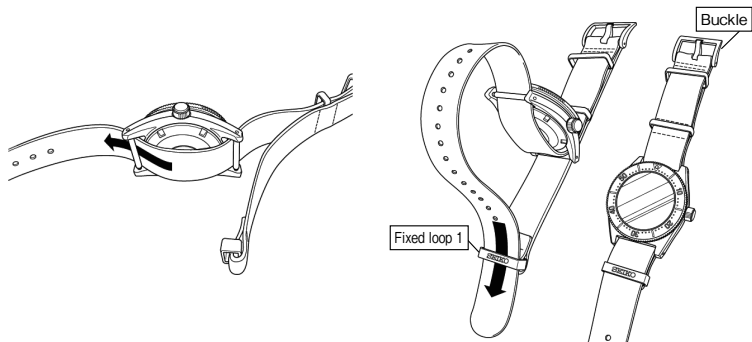
Notes on the length of the band

Adjust the band to allow a little clearance with your wrist to ensure proper airflow. When wearing the watch, leave enough room to insert a finger between the band and your wrist.



## How to attach a pull-through type band

This band has a mechanism that makes it easy to replace the band yourself. Please read the instructions carefully before replacing the band.



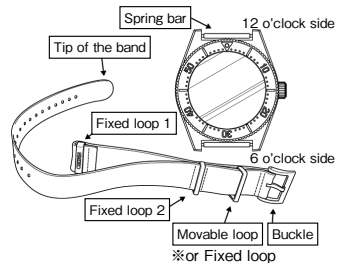
Pass the band across the back cover of the watch body and then between the 6 o'clock side of the case and the spring bar.

Pass the tip of the band through fixed loop 1 on the 6 o'clock side.

The band is now attached to the case, and the watch is ready to be worn on your wrist.

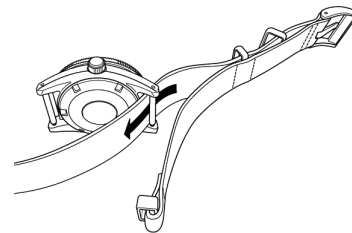
Place the watch body on your wrist, pass the tip of the band through the buckle, and set the band to the appropriate length.

- Removing the band  
Remove the band from the case.

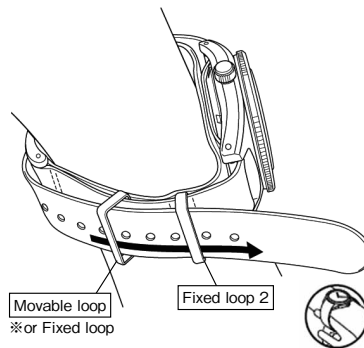


- Attaching a new band  
Ensure that the spring bars are securely attached to the case.

Ensure that the buckle and fixed loops are fixed and attached securely to the band.

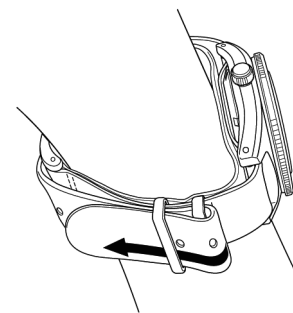


As illustrated above, position the watch and band with the buckle on the 12 o'clock side and pass the tip of the band, from the top, between the 12 o'clock side of the case and the spring bar.



Pass the tip directly through both the movable loop and the fixed loop 2.

As a guide, the band should be loose enough for a finger to fit between your wrist and the watch.



If the band is too long, fold and secure the tip of the band as illustrated above.